

# Instruction Manual

## Sanctuary Adjustable Massage Table



Model # 8910b

## Important Warning



Improper use of this device may cause injury.  
Be sure to read all operating instructions before use.



Check the padding and upholstery when unpacking the table. Do not use it if there are damaged signs. (Our warranty excludes damage caused by improper set-up, accident, abuse, or use for unintended purpose.)



Weight limit (including client and accessories):

Max Working Capacity: 1000 lbs/454kg.

Static Weight Capability: 4000 lbs/1815kg



Be certain that the table is completely and correctly set, without any tilt being present, prior to supporting a patient. The patient may lose balance and fall.



Do not put excessive weight or pressure on the face rest or table extenders.

Do not expose the product to the extreme moisture or temperature.

Please be certain to keep the massage table away from children and pets as it is not toy.

Do not sit on the elevated backrest, leg rest or Armrest.

**Warning :** aggressive disinfectants may damage your upholstery fabric.

Damages caused by the use of disinfectants are not covered by our warranty. (2 Year Limited Warranty on upholstery fabric)

## Instructions for Assembly

### How to Install the Sanctuary Massage Table



Please check all parts and tools packed within the package and ensure all items listed below are present. It is perfectly normal to be supplied with additional extra parts in the event of parts missing.

### Parts and tools Include:

A: socket lock wrench #14

B: socket head wrench

C: 3/8 " 75mm bolt

D: 1/4 " 42mm bolt

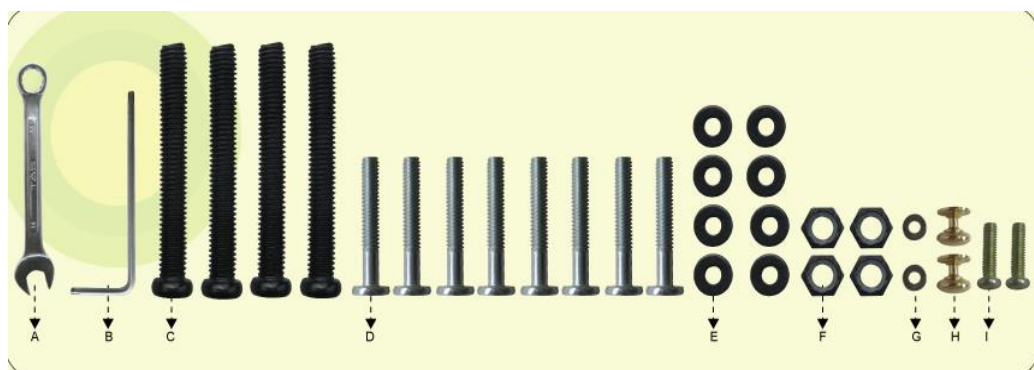
E: 22X9.5mm washer

F: 3/8 " nut

G: 14X4X1mm washer

H: metal handle

I: M4x12mm bolt



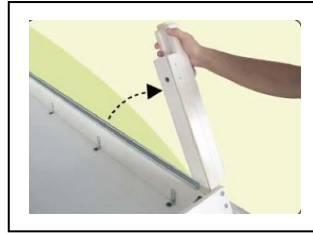
**Step 1:** Find a flat floor or any solid surfaces and put the table top upside down. (Fig.1)



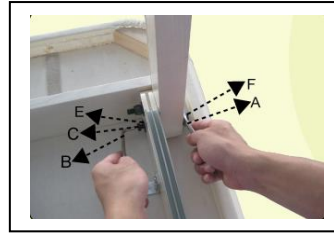
**It is not recommended that children be present during the assembly process, sharp objects should be kept well away from the upholstery to prevent damage.**



(Fig. 1)



(Fig.2)



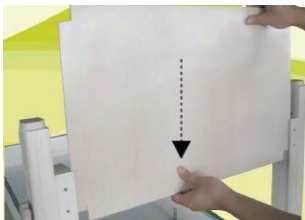
(Fig.3)



(Fig.4)

**Step 2:** Unfold the legs and tighten the legs with provided bolts and nuts (Part C, E and F) at each corner by socket wrench and open-end wrench (Part A and B). (Fig.2/3)  
Ensure each nut and bolt and washer on table is installed properly. (Fig.4)

**Step 3:** Place the short side ply-woods into its related side slots and make sure they are installed into the inner slot correctly and tightly. (Fig. 5/6)



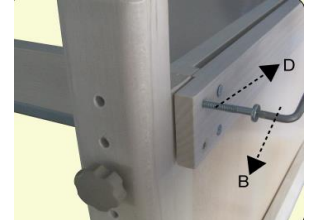
(Fig. 5)



(Fig.6)



(Fig.7)



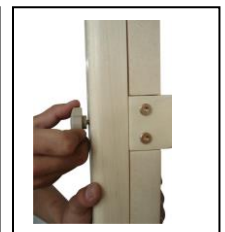
(Fig.8)

**Step 4:** Place the bottom shelf into the shelf slots and tighten it with provided bolts (Part B) at each corner by socket wrench. (Part E) (Fig.7/8)

**Step 5:** Connect four leg extensions to the main legs at the desired and tighten the locking knobs (Part F). (Fig. 9/10)



(Fig. 9)



(Fig.10)

**Step 6:** For Kaiser-Tilt and Kaiser-Deluxe table, you need to install the gas pump for adjusting the backrest or leg rest.



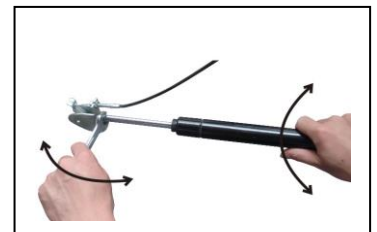
Fill the U-end of the gas pump into notch in the central of the metal beam. (Fig. 11)



Insert the metal bolt into the hole and run through the U-end of gas pump and the notch. (Fig. 12)



Lock the bolt by metal tach. (Fig. 13)



Adjust the screw cap properly to ensure the gas pump's push button is stick to the Duck-Tongue-Lever tightly and the cable won't fall out. (Fig. 14)

**Step 7:** Inspect the assembly carefully and set your table up. (Fig. 15)



Check above instructions term by term to ensure every nut, bolt and washer on table is installed correctly and tightens every nut and screw again.



When setting up your table, it's forbidden to carry the table top when turning over the table.



Please use strength on the surrounding wooden frame or the legs when turn over the table, See **“Wrong method”** and **“Correct method”** (Fig.15/16)



Ensure the backrest and the leg rest are in the lowest position and locked tightly when turning over the table.

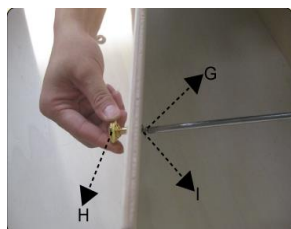
At least two people are needed during the assembly.



**Correct method**(Fig. 15)



**Wrong method** (Fig. 16)



(Fig.17)



(Fig.18)



(Fig.19)



(Fig.20)

**Step 8:** Fix the metal handles on the sliding door by provided part I and G. (Fig.17)

**Step 9:** Install the sliding door into the inner slot on the cabinet frame and the other sliding door into the outer slot. Then repeat the assembly on other side of the cabinet. (Fig.18/19)



**Ensure the two sliding doors are set into different slots on the cabinet frame and they can be parallel slid.** (Fig.20)

## Instruction for Use

### Operating the manually Pneumatic-lift table top

Kaiser-Tilt and Kaiser-Deluxe series tables come with an adjustable backrest and a variable height leg rest which are controlled by gas pump.

The switch is riveted at both side of the table.



**Do not sit on the elevated backrest or leg rest.**



### How to Adjust the Backrest

Raise the backrest by pulling the switch-lever while push the backrest up from the head end of the table to the proper position. (Fig.21)

(It helps if the client takes some of their weight off the backrest while you lift.)

Support the backrest and weight of the client with one hand. Pull the switch and lower the backrest to the desired position. (Fig.22)

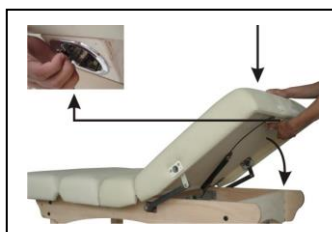
(it helps if the client lifts themselves off the backrest to take some of the weight off the backrest while you move it into position. )



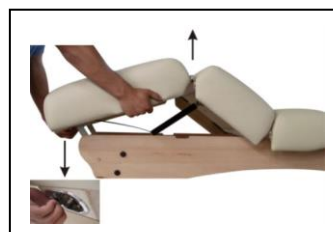
**You need to press the backrest a little bit when there's no client on the table.**



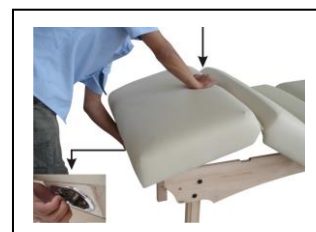
(Fig.21)



(Fig.22)



(Fig.23)



(Fig.24)

### How to Adjust the Leg Rest

Pull the switch and raise the leg rest by pulling it up from the lower center end of the leg rest to the proper position. (Fig.23)

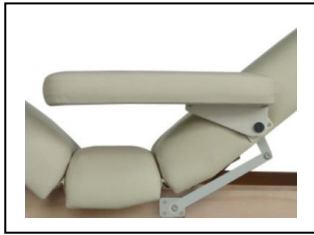
It helps if the client takes some of their weight off the leg rest as you lift.

Pull the switch and lower the leg rest by press it down from the upper center end of the leg rest to desired position. Release the switch and the leg rest will stay in place. (Fig.24)



## The Side Armrests

Kaiser-Tilt and Kaiser-Deluxe series tables come with Side Armrests which are removable to provide complete access for the therapist and allow a client to get on and off the table during the massage process. Our stationary massage tables are equipped with optional **Leveled Side Armrests** and **Flexible Side Armrests** as below.



**Leveled Side Armrests** (Fig.25)



**Flexible Side Armrests** (Fig.26)

### How to Remove/Install the Leveled Side Armrests

Lift the Side Armrests up to 30 degree and push the Side Armrest until the metal pole goes into the nylon access on the table top completely, then circumvolve adown until it stays level. (Fig.27)



**CAUTION**

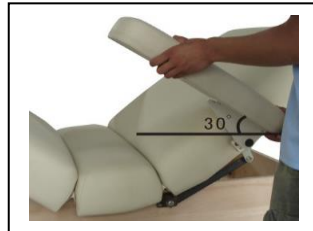
**Make sure the convex rod on the metal pole fix with the channel on the nylon access during the assembly.**

Uplift the Side Armrests on proper angle and pull it out. (Fig.28)

This feature is helpful when doing massager or helping someone get on or off the table.



(Fig.27)



(Fig.28)



(Fig.29)



(Fig.30)

### How to Remove/Install the Flexible Side Armrests

Curve the flexible Side Armrest with both hands so that metal poles fit nylon accesses on the table top and push the Side Armrest until the metal poles go into the nylon accesses on the table top completely. (Fig.29)

Curve the flexible Side Armrest with both hand and pull the flexible Side Armrest out. (Fig.30)



**CAUTION**

**Do not sit on the Side Armrests.  
Do not place excess weight on the Side Armrest.**

## How to Use the Adjustable Face Cradle

Put the tubular arms of the face cradle into the outlets in the end of the table. (Fig.31)

Position the lock lever so that it extends out horizontally with the ridges on top. (Fig.32)

Adjust the face cradle to your desired position and remove the lever down wards to lock the face cradle into place. (Fig.33)

Loosen the lever and pull the face cradle out from the outlets if you want to take off the headrest.



(Fig.31)



(Fig.32)



(Fig.33)

## How to Use the Lowered Armrest Sling

1. Place face cradle tubes through the loop on the sling. (Fig.34)
2. Attached the end with the Velcro, to the top of the face cradle. (Fig.35)
3. Place face cushion onto the cradle. (Fig.36)
- 4.



(Fig.34)



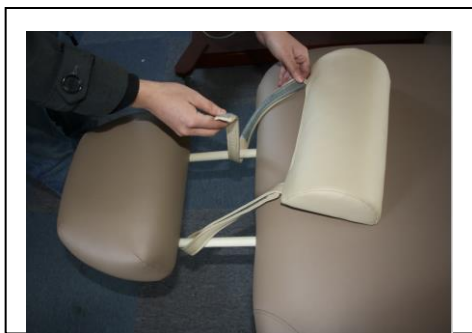
(Fig.35)



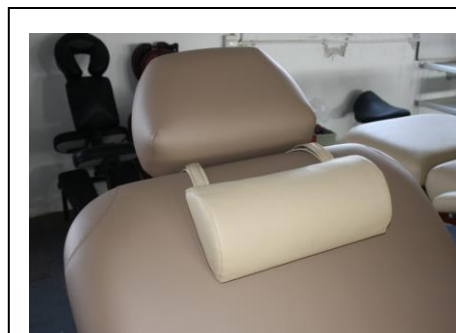
(Fig.36)

## How to Use the Neck Pillow

1. Place rectangular headrest tubes into loop on the neck pillow. (Fig.37)
2. Fix the rectangular headrest into the outlets in the end of the table. (Fig.37)
3. Place the neck pillow to the desired position by adjust the loop attached with the Velcro. (Fig.38)



(Fig.37)



(Fig.38)

## How to Care for Your Upholstery Fabric

In order to ensure your products' quality and maintain the life of your table, we have tested several preventative steps for your advice to protect the upholstery on your table and accessories below:

- Avoid storing your table in extreme cold temperature as excessive coldness will cause cracking. So please do not let your table in the unheated areas during cold weather.
- Avoid storing your table in extreme hot temperature as excessive heat will cause the upholstery stretching and puckering. Be sure your table is away from heaters, electrical appliances, direct sunlight or inside of your car during hot weather.
- Protect your table and accessories with sheets and fleeces if available.
- Clean your upholstery fabric everyday.

We recommend cleaning your upholstery fabric with a mild detergent to protect it against oil stains and dirtiness, which will cause cracking and permanent stains over time. Common practice is to mix small anti-bacterial soap with water in a spray bottle and wipe down the table with clean, wet towel.

- Use both ends of the table. Occasionally, switch the face rest from one end of the table to the other to avoid uneven wear.
- Protecting your table from general abrasions, cuts and punctures.
  1. Rubbing alcohol will dry out the vinyl and cause it cracking.
  2. Prolonged exposure to extreme temperatures will cause damage to vinyl.
  3. Aggressive disinfectants may damage your upholstery fabric.
  4. Damages caused by the use of aggressive disinfectants are not covered by our warranty.

### Safety Instructions

Check all connections on a yearly base.

Contact us in case of safety-relevant Signs of wear.

Unauthorized modification or alteration of this product is prohibited.

### Warranty Statement

Our stationary tables have 3-year warranty on table frame, 2-year on foam and vinyl and 1-year for accessories from your purchasing date.

All warranties are limited within factory-provided replacement parts, factory repair or replacement.

All warranties set forth above, no other expressed or implied warranties or guarantees any more, are the sole and exclusive warranties we provided.

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Thank you for purchasing your massage table from Minerva Beauty!

